# To Split or to Mix? <br> Tree vs. Mixture Models for Detecting Subgroups 

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## Outline

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## Introduction

- Basic assumption: One model with one set of parameters fits for all observations.
- However, subgroups might exist for which different sets of parameters hold, e.g., the relationship between some response and regressors might be different for younger and older individuals.
- If breakpoint between "younger" and "older" were known, one can directly compare parameter estimates for both groups.
- If the breakpoint is unknown or there is a smooth transition between "young" and "old", the subgroups can be still be detected in a data-driven way.
- Mixture model with age as a concomitant variable.
- Model-based recursive partitioning with splits in age.
- Question here: How do those two approaches compare for detecting parameter instability in a linear model?


## Mixture Models

- Assumption: Data stem from $K$ subgroups with different regression parameters $\beta_{(k)}$ and error variances $\sigma_{(k)}^{2}(k=1, \ldots, K)$.

$$
f\left(y_{i} ; x_{i}, z_{i}, \beta_{(1)}, \sigma_{(1)}, \ldots, \beta_{(K)}, \sigma_{(K)}\right)=\sum_{k=1}^{K} \pi_{k}\left(z_{i}\right) \cdot \phi\left(y_{i} ; x_{i}^{\top} \beta_{(k)}, \sigma_{(k)}^{2}\right)
$$

- The component weights may depend on additional covariates $z_{i}$ through a concomitant variable model, typically a multinomial logit model

$$
\pi_{k}\left(z_{i}\right)=\frac{\exp \left(z_{i}^{\top} \alpha_{(k)}\right)}{\sum_{g=1}^{K} \exp \left(z_{i}^{\top} \alpha_{(g)}\right)} .
$$

- For a given $K$, the EM algorithm is used for ML estimation. Typically, the model is fitted for $K=1,2, \ldots$ and the best-fitting model, and thus $\hat{K}$, is selected via an information criterion, here the BIC.


## Model-Based Recursive Partitioning

Algorithm:
(1) Estimate the model parameters in the current subgroup.
(2) Test parameter stability along each partitioning variable $z_{i j}$.
(3) If any instability is found, split the sample along the variable $z_{i j *}$ with the highest instability. Choose the breakpoint with the highest improvement in model fit.
(4) Repeat 2-4 on the resulting subsamples until no further instability is found.

## Unifying Framework

- Since each split can be expressed through an indicator function $I(\cdot)$ (for going left or right), each branch of the tree can be represented as a product of such indicator functions.
- Thus, model-based tree can also be written as a weighted sum over component models, albeit with rather different weights:

$$
\pi_{k}\left(z_{i}\right)=\prod_{j=1}^{J_{k}} I\left(s_{(j \mid k)} \cdot z_{i(j \mid k)}>b_{(j \mid k)}\right)
$$

where
$z_{(j \mid k)}$ denotes the $j$-th partitioning variable for terminal node $k$, $b_{(j \mid k)}$ is the associated breakpoint,
$s_{(j \mid k)} \in\{-1,1\}$ the sign (signaling splitting to the left or right), and $J_{k}$ the number of splits leading up to node $k$.

## Comparison

- Selection of $\hat{K}$ : Based on information criterion for mixture model and on significance tests for trees.
- Covariates: Optional for mixtures which can thus also detect latent classes but required for trees which can thus only detect manifest classes.
- Multinomial logit model for mixtures models a smooth transition while the sample splits of trees model abrupt shifts. Multiple splits can represent a non-monotonic transition. Variable selection is included in trees but requires an additional step for mixture models.
- Clustering: Trees yield a hard clustering, mixture models a probabilistic clustering.


## Simulation: Questions

Two basic questions:
(1) Is any instability found at all?
(2) If so, are the correct subgroups recovered?

Potentially influential factors:

- How does the relationship between the response $y$ and the regressors $x$ differ between the subgroups and how strongly does it differ?
- If there are any additional covariates $z$ available, how and how strongly are those covariates connected to the subgroups?


## Expectations

- Trees are able to detect smaller differences in $\beta_{(k)}$ than mixtures, given the covariates $z$ are associated strongly enough with the subgroups. In contrast, mixtures are more suitable to detect subgroups if they are only loosely associated with the covariates $z$, as long as the differences in $\beta_{(k)}$ are strong enough.
- Mixtures are more suitable if the association between covariates and subgroups is smooth and monotonic. Trees are more suitable if the association is characterized by abrupt shifts and possibly non-monotonic.
- If several covariates determine the subgroups simultaneously, mixtures are more suitable, whereas trees are more suitable if $z$ includes several noise variables unconnected to the subgroups.


## Simulation Design: Coefficients Scenarios

## intercept



## Simulation Design: Coefficients Scenarios



## Simulation Design: Coefficients Scenarios

both


## Simulation Design: Coefficients Scenarios

both


## Simulation Design: Coefficients Scenarios

both


## Link between Single Covariate and Clusters



## Link between Single Covariate and Clusters



## Simulation Design: Covariates Scenario



## Simulation Design: Covariates Scenario



## Simulation Design: Covariates Scenario



## Simulation Design: Covariates Scenario



## Simulation Design

Relationship between response and regressor:

- How: 3 coefficient scenarios intercept, slope,and both
- How strong: difference intensity $\kappa \in\{0,0.05, \ldots, 1\}$.

Covariates connected to subgroups:

- How: 2 logistic scenarios axis1, diagonal, and 1 step scenario with a double step.
- How strong: separation intensity $\nu \in\{-1,-0.5, \ldots, 2\}$ (only for logistic scenarios).


## Simulation Design

Further variations:

- Sample size $n \in\{200,500,1000\}$.
- Include 2 additional noise covariates $z_{3}$ and $z_{4}$, or not.

Technical details:

- The 2 subgroups are of equal size.
- 500 datasets per condition.
- Fitted models: mixture with and without concomitants, and a tree.
- Selection of $\hat{K}$ via BIC from $K=\{1, \ldots, 4\}$.


## Simulation Design

Outcome assessment:
(1) Hit rate: Rate of selecting more than one subgroup, i.e., splitting more than once or selecting $\hat{K}>1$.
(2) Compare estimated clustering to true clustering via Cramér's coefficient.

Software:

- R package flexmix, available at http://CRAN.R-project.org/package=flexmix
- R package partykit, available at http://CRAN.R-project.org/package=partykit


## Simulation Results

Here, exemplary results for

- Coefficients scenario: both.
- Sample size: $n=200$.
- Without noise variables $z_{3}$ and $z_{4}$.
- Covariates scenarios: axis1 and diagonal with three levels $\nu=\{-1,0,1\}$ of separation between subgroups, and double step.

Not shown:

- Results more pronounced for larger numbers of observations ( $n=500$ or 1000) and the other two coefficients scenarios (intercept and slope).
- Results less pronounced if the two additional noise covariates are included, with hit rates dropping slightly stronger for the mixture than the tree.


## Simulation Results: Hit Rate



## Simulation Results: Hit Rate



## Simulation Results: Hit Rate



## Simulation Results: Cramér’s Coefficient



## Simulation Results: Double Step Scenario



## Summary

- Both methods are suitable to detect parameter instability (or lack thereof) and recover the subgroups (if any) but no method universally outperforms the other.
- Strong association between subgroups and covariates: The tree is able to detect smaller differences in the parameters than the mixtures.
- Weak association but reasonably strong difference between parameters: Mixtures outperform the tree.
- Mixture models can also detect latent subgroups without any association to covariates.
- The approximation of a smooth transition between classes through sample splits works rather well.
- Our suggestion: Keep both methods in your toolbox.


## References

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